

# SEPTEMBER | 2025

## Sacred Heart Lunch Menu K-8

*This institution is an equal opportunity provider.*



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1**  
**LABOR DAY**  
**No SCHOOL**

**2** WG Chicken Tenders  
Or Corn Dogs on a Stick  
Carrot Sticks  
Grapes  
Milk  
OR \*\*SACK LUNCH\*\*

**3** Cheeseburger on WG Bun  
Or Red Pepper Hummus  
WG Bag of Pretzels  
Sugar Snap Peas  
Pears  
Milk  
OR \*\*SACK LUNCH\*\*

**4** Taco w/ WG Tortillas  
Or Chicken Fajita w/WG Tortillas  
Shredded Lettuce  
Cherry Tomatoes  
Refried Beans  
Milk  
OR \*\*SACK LUNCH\*\*

**5** WG Cheese Stick  
Or WG Pizza Calzone  
Cucumbers  
Mandarin Oranges  
Treat 😊  
Milk  
OR \*\*SACK LUNCH\*\*

**8** Chicken Pattie on WG Bun  
Or BBQ Rib Pattie on WG Bun  
WG Bag of Chips  
Cole Slaw  
Blueberries  
Milk  
OR \*\*SACK LUNCH\*\*

**9** Chicken Alfredo WG/Penne  
Or WG Meat Pot Pie  
WG Bread Stick  
Seasoned Broccoli  
Sweet Cherries  
Milk  
OR \*\*SACK LUNCH\*\*

**10** Cheese Omelet  
Sausage Pattie  
Hash Brown  
100% Juice Box  
Blushing Pears  
Milk  
OR \*\*SACK LUNCH\*\*

**11** Walking Taco  
Or WG Beef Bean Burrito  
Shredded Lettuce  
Cherry Tomatoes  
Refried Beans  
Apple Slices  
Milk  
OR \*\*SACK LUNCH\*\*

**12** WG Max Cheese Stuffed  
Bread Sticks  
w/ Marinara Sauce  
Or WG French Bread Pizza  
Celery Sticks  
Peaches  
Treat 😊  
Milk  
OR \*\*SACK LUNCH\*\*

**15** WG Mini Corn Dogs  
Or WG Chicken Chunks  
Asparagus  
Pineapple  
Milk  
OR \*\*SACK LUNCH\*\*

**16** Chili w/Beans  
Or WG Macaroni & Cheese  
Colored Peppers  
Strawberries  
WG Bread Stick  
Milk  
OR \*\*SACK LUNCH\*\*

**17** Hot Turkey & Cheese WG Bun  
Or WG Meat Stromboli  
WG Bag of Chips  
Mixed Fruit  
Milk  
OR \*\*SACK LUNCH\*\*

**18** Beef Nachos w/Cheese  
Or WG Chicken Quesadilla  
Refried Beans  
Cherry Tomatoes  
Orange Wedges  
Milk  
OR \*\*SACK LUNCH\*\*

**19** WG Cheese Pizza  
Or WG Chicken Tenders  
WG Bag of Cheez-Its  
Carrot Sticks  
Applesauce  
Treat 😊  
Milk  
OR \*\*SACK LUNCH\*\*

**22** Sloppy Joe on WG Bun  
Or Grilled Chicken on WG Bun  
Steamed Broccoli  
Baked Beans  
Apple Slices  
Milk  
OR \*\*SACK LUNCH\*\*

**23** Scalloped Potatoes w/Ham  
Or WG Pretzel w/ Cheese  
Buttered Corn  
Mandarin Oranges  
WG Dinner Roll  
Milk  
OR \*\*SACK LUNCH\*\*

**24** Mini Cheeseburger Sliders  
Or BBQ Shredded Chicken on  
WG Bun  
Cauliflower Bites  
Blueberries  
Milk  
OR \*\*SACK LUNCH\*\*

**25** Lasagna Roll Up  
Or Fish Sticks  
Green Beans  
Peaches  
Treat 😊  
Milk  
OR \*\*SACK LUNCH\*\*

**26**  
**HALF DAY OF**  
**SCHOOL**  
**No LUNCH**

**29** Hot Dog on WG Bun  
Or Chili Cheese Fries  
French Fries  
Carrot Sticks  
Mixed Fruit  
Milk  
OR \*\*SACK LUNCH\*\*

**30** WG Grilled Cheese Or  
Chicken Sticks  
Broccoli Bites  
Orange Wedges  
WG Bag of Chips  
Milk  
OR \*\*SACK LUNCH\*\*

**1**

**2**

**3**

### News

All lunches served with  
student's choice of  
1% White or 1% **Chocolate**  
Milk or NON-Fat  
**Strawberry** Flavored Milk

### Staff Only

\$5.25 for Lunch Meal  
or Chef's Salad w/Chips

### **\*\* SACK LUNCH\*\***

Grape or Strawberry  
Uncrustable Sandwich  
WG Bag of Chips  
Cheese Stick  
Veggie  
Fruit  
Milk

### **HAVE QUESTIONS?**

Contact, JoAnne Barndollar, FSD  
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*Lunches subject to change as items are sometimes not available at time of ordering*