

# NOVEMBER | 2023

## Sacred Heart School Lunch Menu

This institution is an equal opportunity provider



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b>  	<b>31</b>  	<b>1</b> Sweet & Sour Chicken Over WG White Rice Garden Side Salad Buttered Broccoli Cherries Milk  OR **SACK LUNCH**	<b>2</b> WG Chicken Enchilada Garden Side Salad Fiesta Refried Beans Cherry Tomatoes Grapes Milk  OR **SACK LUNCH**	<b>3</b> WG Boscos Garden Side Salad Colored Peppers Peaches Treat 😊 Milk  OR **SACK LUNCH**
<b>6</b> WG Chicken Nuggets Garden Side Salad WG Bag of Chips Carrots Orange Wedges Milk  OR **SACK LUNCH**	<b>7</b> Spaghetti w/Meat Sauce Garden Side Salad Buttered Corn Pineapple Tidbits WG Breadstick Milk	<b>8</b> WG French Toast Sticks Sausage Patty Hash Brown 100% Fruit Juice Mandarin Oranges Syrup Milk	<b>9</b> WG Meat Stromboli Garden Side Salad WG Bag of Chips Colored Peppers Pears Milk	<b>10</b> WG Cheese Stick Garden Side Salad Celery Sticks Applesauce Treat 😊 Milk
<b>13</b> Hot Ham & Cheese on WG Sub Bun Garden Side Salad WG Bag of Chips Celery Sticks Blueberries Milk  OR **SACK LUNCH**	<b>14</b> <u>Annual Thanksgiving Meal</u> Sliced Turkey Mashed Potatoes & Gravy Green Beans Applesauce WG Dinner Roll Pumpkin Treat 😊 Milk	<b>15</b> WG Mac and Cheese Garden Side Salad Colored Peppers Blushing Pears Milk	<b>16</b> Taco w/WG Tortillas Shredded Lettuce Cherry Tomatoes Refried Beans Applesauce Milk	<b>17</b> WG Cheese Pizza WG Chicken Tenders Garden Side Salad Cucumber Slices Blueberries Treat 😊 Milk
<b>20</b> Cheeseburger on WG Bun WG Bag of Chips Garden Side Salad Baked Beans Pickles Pears Milk  OR **SACK LUNCH**	<b>21</b> WG Meat Pot Pie Garden Side Salad Buttered Carrots Sweet Cherries Milk	<b>22</b> No Lunch ½ Day of School	<b>23</b> HAPPY THANKSGIVING!! NO SCHOOL	<b>24</b> THANKSGIVING BREAK NO SCHOOL
<b>27</b> Sloppy Joe on WG Bun Garden Side Salad WG Potato Wedges Potato Wedges Strawberries Milk  OR **SACK LUNCH**	<b>28</b> Meatloaf Garden Side Salad Buttered Mixed Veggies WG Corn Bread Pineapple Tidbits Milk	<b>29</b> WG Grilled Cheese Garden Side Salad Tomato Soup Cauliflower Bites Peaches Milk	<b>30</b> WG Chicken Quesadilla Garden Side Salad Refried Beans Cherry Tomatoes Orange Wedges Milk	<b>1</b> WG French Bread Pizza Garden Side Salad Celery Sticks Peaches Treat 😊 Milk

### News

Breakfast and Lunch is FREE for ALL students for the 2023/2024 School Year!

All lunches served with student's choice of NON Fat Milk, Flavored, 1% White or Chocolate Milk

All Staff  
\$5.25 for Lunch Meal

### HAVE QUESTIONS?

Contact, JoAnne Barndollar, FSD  
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 (517) 448-8912 x 238/239

Lunches subject to change as items are sometimes not available at time of ordering.

**\*\*SACK LUNCH\*\***  
 Uncrustable Sandwich  
 (PBJ Grape or Strawberry)  
 WG Bag of Chips  
 Veggie  
 Fruit  
 Milk

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