

Sacred Heart School

February 11th, 2022

STEPS TO SAINTHOOD

As children grow and learn, they develop virtues that bring them closer to God.

At Sacred Heart School, we call them Steps to Sainthood.

Preschool- Obedience. A beautiful virtue that teaches children to trust authority. Teachers and parents who guide children to learn, play and interact with kindness and understanding in a calm loving environment are a vital part of teaching obedience. Pre-school age children soak up the environment around them and learn to find their ability to stand in line, listen, share and wait their turn. They are proud of themselves when they are fitting in well with their classmates. Obedience is a very solid first step.

Kindergarten- Courtesy. Students who learn to be courteous will make friends, be great teammates, work well in groups and help their friends and family when they are in need. Courtesy is a big virtue in kindergarten. It is the time to practice our manners and to understand that what we do effects the people around us. It is the age of the Golden Rule and it can be difficult to see that God wants you to fit in with others but with practice and explanation, kindergarteners can master the virtue of courtesy.

1st/2nd Grade- Self Control. We know the mind, heart and body are all connected. We think, we feel and we act. Children know this all too well. They are developing and learning how to be good people and good students every day. SHS has rules that bring out the best in each child by using self-control. Some of our rules include: Make eye contact when you are speaking, raise your hand before talking and stay quiet when the teacher is teaching. We expand on those rules a bit, also. We aspire to teach our students the importance of working hard, turning in high quality school work, being helpful to others and being a light of Christ.

3rd/4th Grade- Honesty. When we are honest in every way, we are able to enjoy peace of mind and maintain self-respect. We build strength of character, which allows us to be of service to God and others. We are trustworthy in the eyes of God and those around us. On the other hand, if we are dishonest in our words or actions, we hurt ourselves and often hurt others as well. If we lie, steal, cheat, or neglect to give our best effort, we lose our self-respect. We may find that we have damaged relationships with family members and friends and that people no longer trust us. We rely on the Holy Spirit for guidance to be honest with ourselves and others.

5th/6th Grade- Respect. Due to the effects of Original Sin, we are inclined toward selfishness and pride. Respect is a choice. It is in acting out of love for ourselves, God and each other that we can learn to be respectful. 5th/6th grade is when students can really learn to protect their soul and the soul of others from evil. We teach children that each person has a unique role in God's plan. We honor ourselves and show honor to others. This is the time in child development when children truly understand that each person is created in the image of God.

As you know there are many virtues and we work to build character and strength using all of these virtues as our language. These are some of the ways that we help children become more like Jesus.

God Bless,

Anne Atkin, principal



We made it to the 100th day of school. It has been a great year and your children are so adventurous, creative, kind and hard working. Keep up the fantastic job!



Thank you to all of the parents who helped make our Valentine's Day celebration wonderful! We appreciate the treats and the Valentine Cards.

Upcoming Events

February 11th— 1/2 Day of School. No Hudson Buses. No Beyond the Bell

Valentine's Day Parties

February 18th- 1/2 Day of School. No Beyond the Bell

February 18th— 4th and 5th Grade Appreciation. 12:00-4:00

February 21st— No School. President's Day



Jamison Cleary	PK	Feb. 1st
Hendrix Fountain	PK	Feb. 2nd
Magdalena Moreno	PK	Feb. 3rd
Cruz Miesel	K	Feb. 4th
Paxson Bovee	K	Feb. 6th
Kingsley Shaw	3rd	Feb. 12th
Kaydence Henning	4th	Feb. 17th
Anze Williams	3rd	Feb. 19th
Elizabeth Beggs	5th	Feb. 22nd