



JANUARY | 2023

Sacred Heart School Lunch Menu

This institution is an equal opportunity provider

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>Winter Break</p>	<p>3</p> <p>Scalloped Potatoes w/Ham Garden Side Salad Buttered Green Beans Mandarin Oranges WG Corn Bread Milk</p> <p>OR **SACK LUNCH**</p>	<p>4</p> <p>WG Pretzel w/cheese Garden Side Salad WG Bag of Chips Carrot Sticks Pears Milk</p> <p>OR **SACK LUNCH**</p>	<p>5</p> <p>Taco w/WG Tortillas Shredded Lettuce Cherry Tomatoes Refried Beans Pineapple Milk</p> <p>OR **SACK LUNCH**</p>	<p>6</p> <p>WG Boscos Garden Side Salad Colored Peppers Peaches Treat ☺ Milk</p> <p>OR **SACK LUNCH**</p>
<p>9</p> <p>WG Corn Dog Garden Side Salad Smiley Fries ☺ Mixed Fruit Cauliflower Bites Milk</p> <p>OR **SACK LUNCH**</p>	<p>10</p> <p>Spaghetti w/Meat Sauce Garden Side Salad Celery Sticks Pineapple Tidbits WG Breadstick Milk</p> <p>OR **SACK LUNCH**</p>	<p>11</p> <p>Sweet & Sour Chicken Over WG White Rice Garden Side Salad Buttered Broccoli Strawberries Milk</p> <p>OR **SACK LUNCH**</p>	<p>12</p> <p>Beef Nachos w/Cheese Garden Side Salad Refried Beans Cherry Tomatoes Orange Wedges Milk</p> <p>OR **SACK LUNCH**</p>	<p>13</p> <p>WG Cheese Pizza Garden Side Salad Carrot Sticks Blueberries Treat ☺ Milk</p> <p>OR **SACK LUNCH**</p>
<p>16</p> <p>NO SCHOOL</p>	<p>17</p> <p>WG Chicken Drumstick Garden Side Salad Augratin Potatoes Buttered Cauliflower WG Corn Bread Pineapple Tidbits Milk</p> <p>OR **SACK LUNCH**</p>	<p>18</p> <p>WG French Toast Sticks Sausage Patty Hash Brown 100% Fruit Juice Mandarin Oranges Syrup Milk</p> <p>OR **SACK LUNCH**</p>	<p>19</p> <p>Walking Taco Shredded Lettuce Cherry Tomatoes Refried Beans Grapes Milk</p> <p>OR **SACK LUNCH**</p>	<p>20</p> <p>WG Cheese Pizza Garden Side Salad Celery Sticks Applesauce Treat ☺ Milk</p> <p>OR **SACK LUNCH**</p>
<p>23</p> <p>Cheeseburger on WG Bun Garden Side Salad French Fries Pickle Slices Sweet Cherries Milk</p> <p>OR **SACK LUNCH**</p>	<p>24</p> <p>PopCorn Chicken Garden Side Salad Mashed Potatoes Buttered Mixed Veggies Strawberries WG Dinner Roll Milk</p> <p>OR **SACK LUNCH**</p>	<p>25</p> <p>WG Fish Sticks Garden Side Salad WG Bag of Chips Carrot Sticks Peaches Milk</p> <p>OR **SACK LUNCH**</p>	<p>26</p> <p>WG Grilled Cheese Garden Side Salad Tomato Soup Sliced Cucumbers Mixed Fruit Milk</p> <p>OR **SACK LUNCH**</p>	<p>27</p> <p>WG Boscos Garden Side Salad Colored Peppers Pineapple Treat ☺ Milk</p> <p>OR **SACK LUNCH**</p>
<p>30</p> <p>WG Mini Corn Dogs Garden Side Salad Potato Wedges Celery Sticks Applesauce Milk</p> <p>OR **SACK LUNCH**</p>	<p>31</p> <p>WG Mac and Cheese Garden Side Salad WG Breadstick Buttered Peas Blushing Pears Milk</p> <p>OR **SACK LUNCH**</p>	<p>1</p>	<p>2</p>	<p>3</p>

News

**Breakfast and Lunch
is Free for ALL
Students
For The 2022/2023
School Year**

All lunches served with student's
choice of
NON Fat Flavored
OR
1% White or Choc. Milk

Need Help?

Contact, Sam Benschoter, FSD
sbenschoter@hudson.k12.mi.us
(517) 448-8912 x238/239

****SACK LUNCH****
Uncrustable
Sandwich
WG Bag of Chips
Veggie
Fruit
Milk



JANUARY | 2023

MONDAY

TUESDAY

Lunches subject to change as items are sometimes not available at time of ordering.

2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	1	2	3

