

NOVEMBER | 2022



Sacred Heart School Lunch Menu

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31</p>	<p>1</p> <p>WG Fish Sticks French Fries Garden Side Salad Buttered Corn Applesauce Milk</p> <p>OR **SACK LUNCH**</p>	<p>2</p> <p>Sweet & Sour Chicken Over WG White Rice Garden Side Salad Buttered Broccoli Cherries Milk</p> <p>OR **SACK LUNCH**</p>	<p>3</p> <p>NO SCHOOL</p>	<p>4</p> <p>NO SCHOOL</p>
<p>7</p> <p>Grilled Chicken on WG Bun Garden Side Salad WG Potato Wedges Pickles Strawberries Milk</p> <p>OR **SACK LUNCH**</p>	<p>8</p> <p>WG Chicken Drumstick Au gratin Potatoes Buttered Mixed Veggies WG Corn Bread Pineapple Tidbits Milk</p> <p>OR **SACK LUNCH**</p>	<p>9</p> <p>WG French Toast Sticks Sausage Patty Hash Brown 100% Fruit Juice Mandarin Oranges Syrup Milk</p> <p>OR **SACK LUNCH**</p>	<p>10</p> <p>Sloppy Joe on WG Bun Garden Side Salad WG Bag of Chips Colored Peppers Pears Milk</p> <p>OR **SACK LUNCH**</p>	<p>11</p> <p>WG Cheese Pizza Garden Side Salad Celery Sticks Applesauce Treat ☺ Milk</p> <p>OR **SACK LUNCH**</p>
<p>14</p> <p>WG Mini Corn Dogs Garden Side Salad WG Bag of Chips Carrots Orange Wedges Milk</p> <p>OR **SACK LUNCH**</p>	<p>15</p> <p>WG Mac and Cheese Garden Side Salad WG Dinner Roll Colored Peppers Blushing Pears Milk</p> <p>OR **SACK LUNCH**</p>	<p>16</p> <p><u>Annual Thanksgiving Meal</u> Sliced Turkey Mashed Potatoes & Gravy Stuffing Green Beans Applesauce WG Dinner Roll Pumpkin Treat ☺ Milk</p> <p>OR **SACK LUNCH**</p>	<p>17</p> <p>Taco w/WG Tortillas Shredded Lettuce Cherry Tomatoes Refried Beans Applesauce Milk</p> <p>OR **SACK LUNCH**</p>	<p>18</p> <p>WG Cheese Pizza Garden Side Salad Cucumber Slices Blueberries Treat ☺ Milk</p> <p>OR **SACK LUNCH**</p>
<p>21</p> <p>WG Chicken Chunks WG Bag of Chips Garden Side Salad Pickles Pears Milk</p> <p>OR **SACK LUNCH**</p>	<p>22</p> <p>WG Meat Pot Pie Garden Side Salad Buttered Carrots Sweet Cherries WG Breadstick Milk</p> <p>OR **SACK LUNCH**</p>	<p>23</p> <p>No Lunch ½ Day of School</p>	<p>24</p> <p>THANKSGIVING BREAK NO SCHOOL</p>	<p>25</p> <p>THANKSGIVING BREAK NO SCHOOL</p>
<p>28</p> <p>Hot Ham & Cheese WG Sub Garden Side Salad WG Bag of Chips Pickles Blueberries Milk</p> <p>OR **SACK LUNCH**</p>	<p>29</p> <p>Spaghetti w/Meat Sauce Garden Side Salad Buttered Corn Pineapple Tidbits WG Breadstick Milk</p> <p>OR **SACK LUNCH**</p>	<p>30</p> <p>Hot Dog on WG Bun Garden Side Salad WG French Fries Broccoli Bites Orange Wedges Milk</p> <p>OR **SACK LUNCH**</p>	<p>1</p>	<p>2</p>

News

**Breakfast and Lunch
is Free for ALL
Students
For The 2022/2023
School Year**

All lunches served with student's
choice of
NON Fat Flavored
OR
1% White or Choc. Milk

Need Help?

Contact, Sam Benschoter, FSD
sbenschoter@hudson.k12.mi.us
(517) 448-8912 x238/239

****SACK LUNCH****
Grape Uncrustable
Sandwich
WG Bag of Chips
Veggie
Fruit
Milk

Lunches subject to change as items are sometimes not available at time of ordering.