



# FEBRUARY | 2023

## Sacred Heart School Lunch Menu

*This institution is an equal opportunity provider*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 WG Grilled Cheese Garden Side Salad Tomato Soup Sliced Cucumbers Mixed Fruit Milk  OR **SACK LUNCH**	2 Taco Salad Garden Side Salad Refried Beans Cherry Tomatoes Grapes Milk  OR **SACK LUNCH**	3 WG Cheese Pizza Garden Side Salad Carrot Sticks Blueberries Treat 🍪 Milk  OR **SACK LUNCH**
6 Grilled Chicken WG Bun Garden Side Salad Smile Fries Sliced Cucumbers Peaches Milk  OR **SACK LUNCH**	7 Spaghetti w/Meat Sauce Garden Side Salad Buttered Broccoli Pineapple Tidbits WG Breadstick Milk  OR **SACK LUNCH**	8 WG Chicken Nuggets Garden Side Salad WG Bag of Chips Mixed Fruit Colored Peppers Milk  OR **SACK LUNCH**	9 WG Pretzel w/cheese Garden Side Salad WG Bag of Chips Carrot Sticks Pears Milk  OR **SACK LUNCH**	10 WG French Bread Pizza Garden Side Salad Celery Sticks Applesauce Treat 🍪 Milk  OR **SACK LUNCH**
13 WG Corn Dog Potato Wedges Garden Side Salad Celery Sticks Grapes Milk  OR **SACK LUNCH**	14 WG Fish Sticks Garden Side Salad Buttered Carrots Orange Wedges WG Bag of Chips Milk  OR **SACK LUNCH**	15 Cheese Omelet Sausage Pattie Hash Brown 100% Juice Box Mixed Fruit Milk  OR **SACK LUNCH**	16 WG Boscos Garden Side Salad WG Bag of Chips Colored Peppers Peaches Milk  OR **SACK LUNCH**	17 <b>No Lunch</b> <b>1/2 Day of School</b>
20 <b>No School</b>	21 Chicken Patty on WG Bun Garden Side Salad Buttered Mixed Veggies Mandarin Oranges WG Corn Bread Milk  OR **SACK LUNCH**	22 Sloppy Joe on WG Bun Garden Side Salad WG Bag of Chips Pickle Wedge Peaches Milk  OR **SACK LUNCH**	23 Beef Nachos w/Cheese Garden Side Salad Refried Beans Cherry Tomatoes Pears Milk  OR **SACK LUNCH**	24 WG Cheese Pizza Garden Side Salad Cucumber Slices Strawberries Treat 🍪 Milk  OR **SACK LUNCH**
27 Hot Dog on WG Bun French Fries Garden Side Salad Carrots Grapes Milk  OR **SACK LUNCH**	28 WG Popcorn Chicken Mashed Potatoes Garden Side Salad Buttered Corn Applesauce Milk  OR **SACK LUNCH**	OR **SACK LUNCH** 1	2	3

### News

**Breakfast and Lunch  
is Free for ALL  
Students  
For The 2022/2023  
School Year**

All lunches served with student's  
choice of  
NON Fat Flavored  
OR  
1% White or Choc. Milk

**Need Help?**  
Contact, Sam Benschoter, FSD  
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(517) 448-8912 x238/239

**\*\*SACK LUNCH\*\***  
Uncrustable  
Sandwich  
WG Bag of Chips  
Veggie  
Fruit  
Milk

Lunches subject to change as items are sometimes not available at time of ordering