



MARCH | 2023

Sacred Heart School Lunch Menu

This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	1 WG Grilled Cheese Garden Side Salad Tomato Soup Celery Sticks Blueberries Milk OR **SACK LUNCH**	2 Taco w/WG Tortillas Shredded Lettuce Cherry Tomatoes Black Beans Blushing Pears Milk OR **SACK LUNCH**	3 No Lunch ½ Day of School
6 Sloppy Joe on WG Bun Garden Side Salad WG Bag of Chips Carrot Sticks Peaches Milk OR **SACK LUNCH**	7 WG Mac and Cheese Garden Side Salad Buttered Green Beans Mandarin Oranges WG Bread Stick Milk OR **SACK LUNCH**	8 WG French Toast Sticks Sausage Patty Hash Brown 100% Fruit Juice Pineapple Tidbits Syrup Milk OR **SACK LUNCH**	9 Beef Nachos w/Cheese Garden Side Salad Cherry Tomatoes Refried Beans Pears Milk OR **SACK LUNCH**	10 WG Cheese Pizza Garden Side Salad Celery Sticks Applesauce Treat ☺ Milk OR **SACK LUNCH**
13 WG Mini Corn Dogs Garden Side Salad Potato Wedges Sliced Cucumbers Mixed Fruit Milk OR **SACK LUNCH**	14 WG Chicken Drumstick Garden Side Salad Mashed Potatoes Buttered Peas Grapes WG Dinner Roll Milk OR **SACK LUNCH**	15 Sweet & Sour Chicken Over WG White Rice Garden Side Salad Buttered Broccoli Orange Wedges Milk OR **SACK LUNCH**	16 WG Boscos Garden Side Salad Colored Peppers Pineapple Treat ☺ Milk OR **SACK LUNCH**	17 No Lunch ½ Day of School
20 Hot Dog on WG Bun Garden Side Salad Smile Fries Carrot Sticks Pears Milk OR **SACK LUNCH**	21 WG Chicken Pot Pie Garden Side Salad Mixed Veggies Peaches WG Bread Stick Milk OR **SACK LUNCH**	22 Grilled Chicken on WG Bun Garden Side Salad WG Bag of Chips Sliced Cucumbers Mixed Fruit Milk OR **SACK LUNCH**	23 WG Cheese Pizza Garden Side Salad Veggie Bites Fruit Cup Treat ☺ Milk OR **SACK LUNCH**	24 No Lunch ½ Day of School
27 Spring Break NO SCHOOL	28 Spring Break NO SCHOOL	29 Spring Break NO SCHOOL	30 Spring Break NO SCHOOL	31 Spring Break NO SCHOOL

News

**Breakfast and Lunch
is Free for ALL
Students
For The 2022/2023
School Year**

All lunches served with student's
choice of
NON Fat Flavored
OR
1% White or Choc. Milk

Need Help?
Contact, Sam Benschoter, FSD
sbenschoter@hudson.k12.mi.us
(517) 448-8912 x238/239

****SACK LUNCH****
Uncrustable
Sandwich
WG Bag of Chips
Veggie
Fruit
Milk