

Sacred Heart School

May 27th, 2022

Fruits of the Spirit- What a great way to end the school year!

In his letter to the Galatians, St. Paul lists the nine fruits of the Holy Spirit: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control (Gal 5:22-23).

“Just so, every good tree bears good fruit, and a rotten tree bears bad fruit. A good tree cannot bear bad fruit, nor can a rotten tree bear good fruit. Every tree that does not bear good fruit will be cut down and thrown into the fire. So by their fruits you will know them.” (Matthew 7:17-20)

This passage in Matthew's Gospel helps us to understand the Fruits of the Holy Spirit, which are the observable behaviors of people who have allowed the grace of the Holy Spirit to be effective in them. The Church includes chastity, modesty and charity.

Why fruit? Fruit is delicious. Fruit is bright and vibrant, sweet, full of nutrients, essential for a healthy life, festive and fun. It is the tasty and exciting part of our food supply. Just like a ripened strawberry, kiwi or pineapple our hearts bear fruit when the Holy Spirit lives there. So Come Holy Spirit and fill our hearts. Give us these gifts to share.

Have you ever bitten into rotten fruit? Did you spit it out? Of course you did. It tastes terrible and should not go into your body.

We have had some lively discussion this week at morning prayer about what this rotten fruit may look like. It looks like hatred, anger, laziness, being judgmental, or rude. It looks like causing more trouble instead of staying calm when you are frustrated. It looks like not doing your best or even being disrespectful to adults who love you.

So what can we do to be a healthy tree? How can we take good care of ourselves so we bear tasty fruit? Your kids are so smart and already know. Get a good night's sleep, eat healthy food, brush your teeth and hair, pick up after yourself and others, pray, do your homework, make friends and work hard to keep them, exercise, etc.

Most important is to see ourselves as the image and likeness of God. We are meant to treasure and safeguard our body and soul. I hope and pray that our students understand that they possess gifts of the Holy Spirit and this gives them the trust in God that they need to look for goodness in all that they do. We are meant to be the light of Christ! So let's shine!

God Bless,

Anne Atkin, principal



The Glow Party has been POSTPONED

We ran into a scheduling issue and need to save this party for a later date.

Thursday, June 2nd is a Jean/Jersey day for Field Day.

Upcoming Events

Monday, May 30th– Memorial Day. No School

Thursday, June 2nd– Field Day. Students can wear jean/jersey.

Friday, June 3rd– Preschool and Kindergarten Graduation at 9:00am Mass

Friday, June 3rd– Last Day of School. 1/2 Day of School. No Beyond the Bell

End of the Year Award Ceremony for K-5th grade

Ice Cream Party for the kids

Wednesday, June 2nd

1:45 in the Church Hall

A Fun Celebration for ALL of the students!

You are welcome to join us!



Kayden Chestney	PK	May 4th
Dakota Hill	1st	May 11th
Harper Miesel	PK	May 20th
Brantley Root	K	May 24th
Jazda Hall	3rd	May 28th