

MAY | 2023

Sacred Heart School Lunch Menu



This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hot Dog on WG Bun Garden Side Salad WG French Fries Carrot Sticks Orange Wedges Milk OR **SACK LUNCH**	2 WG Chicken Patty on Bun Garden Side Salad Cucumber Slices Blushing Pears WG Dinner Roll Milk OR **SACK LUNCH**	3 Sweet & Sour Chicken Over WG White Rice Garden Side Salad Buttered Broccoli Pineapple Tidbits Milk OR **SACK LUNCH**	4 WG Cheese Pizza Garden Side Salad Celery Sticks Peaches WG Bag of Chips Milk OR **SACK LUNCH**	5 Taco w/WG Tortillas Shredded Lettuce Cherry Tomatoes Refried Beans Applesauce Treat ☺ Milk OR **SACK LUNCH**
8 WG Mac and Cheese Garden Side Salad WG Bag of Chips Colored Peppers Mixed Fruit Milk OR **SACK LUNCH**	9 WG Popcorn Chicken Mashed Potato Garden Side Salad Buttered Corn Strawberries Milk OR **SACK LUNCH**	10 WG French Toast Sticks Sausage Patty Hash Brown 100% Fruit Juice Pineapple Tidbits Syrup Milk OR **SACK LUNCH**	11 Beef Nachos w/Cheese Garden Side Salad Refried Beans Cherry Tomatoes Mandarin Oranges Milk OR **SACK LUNCH**	12 Grandparents Day ½ Day of School No lunch
15 WG Chicken Tenders Garden Side Salad WG Bag of Chips Cauliflower Bites Mixed Fruit Milk OR **SACK LUNCH**	16 WG Chicken Pot Pie Garden Side Salad Buttered Mixed Veggies Peaches WG Bread Stick Milk OR **SACK LUNCH**	17 WG Grilled Cheese Garden Side Salad Tomato Soup Colored Peppers Blueberries Milk OR **SACK LUNCH**	18 Taco Salad Garden Side Salad Refried Beans Cherry Tomatoes Grapes Milk OR **SACK LUNCH**	19 WG Boscos Garden Side Salad Cucumbers Slices Mandarin Oranges Treat ☺ Milk OR **SACK LUNCH**
22 Hot Dog on WG Bun Garden Side Salad Smile Fries Baked Beans Pears Milk OR **SACK LUNCH**	23 Cheeseburger On WG Bun Garden Side Salad WG Bag of Chips Carrot Sticks Orange Wedges Milk OR **SACK LUNCH**	24 WG Pretzel w/cheese Garden Side Salad WG Bag of Chips Colored Peppers Applesauce Milk OR **SACK LUNCH**	25 Walking Taco Shredded Lettuce Cherry Tomatoes Refried Beans Grapes Milk OR **SACK LUNCH**	26 WG Cheese Pizza Garden Side Salad Celery Sticks Peaches Treat ☺ Milk OR **SACK LUNCH**
29 No School	30 Scalloped Potatoes w/Ham Garden Side Salad Buttered Green Beans Mandarin Oranges WG Corn Bread Milk OR **SACK LUNCH**	31 WG Chicken Chunks Garden Side Salad Potato Wedges Sliced Cucumbers Strawberries Milk OR **SACK LUNCH**	1	2

News

**Breakfast and Lunch
is Free for ALL
Students
For The 2022/2023
School Year**

All lunches served with student's
choice of
NON Fat Flavored
OR
1% White or Choc. Milk

Need Help?
Contact, Sam Benschoter, FSD
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****SACK LUNCH****
Uncrustable
Sandwich
WG Bag of Chips
Veggie
Fruit
Milk